

**SUP REQUEST FOR
LINDA DEATON-GILBERT / BODY SPEAK LLC THERAPEUTIC MASSAGE
at 322 S. Elm Street, Old Town Keller**

ABOUT 322 S. ELM STREET:

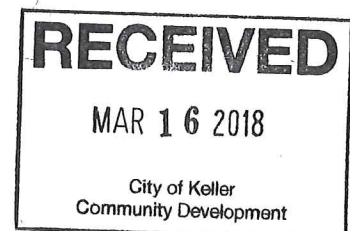
Currently this building is zoned F1 commercial. The building was constructed in 1990. It is divided into two separate spaces. The space on the north end is currently owner occupied. The space on the south end is being leased by the owner James Dyer to Crossfit PAF, who received their CO in 2017. This building has 12 parking spaces available on the property which is accessed directly off of S. Elm Street.

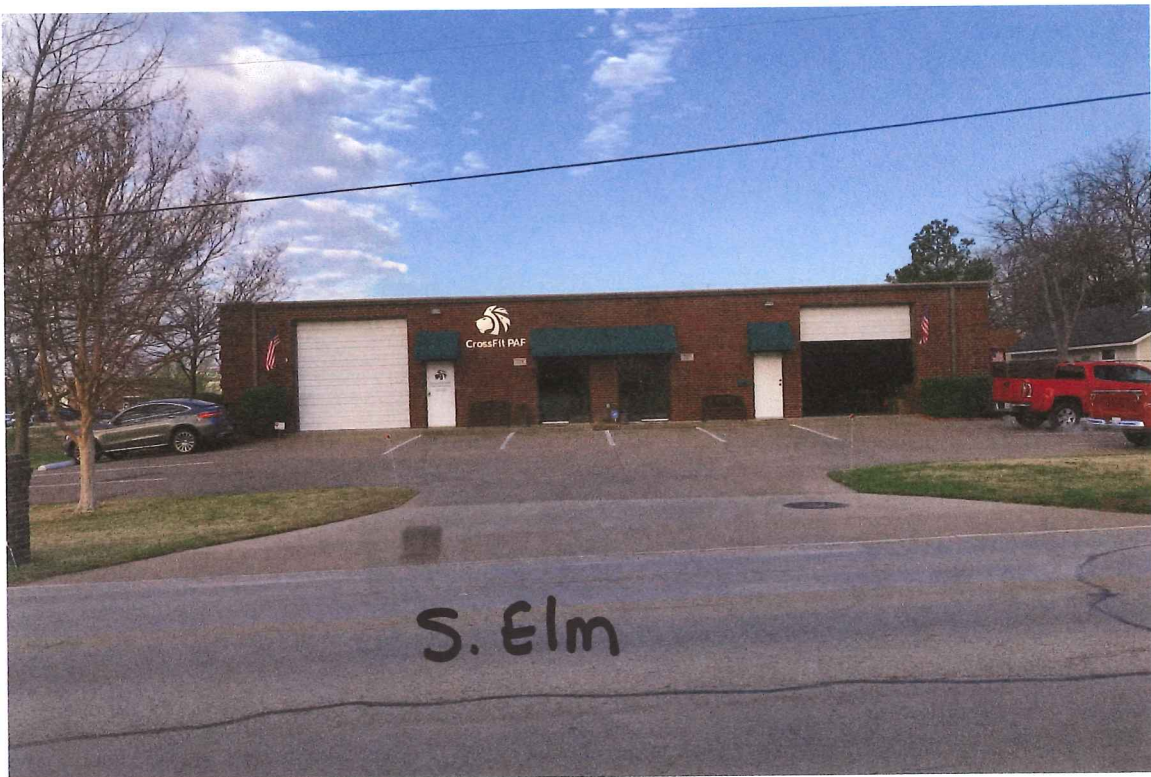
The property directly across from 322 S. Elm Street is a vacant lot. The property directly to the south of 322 S. Elm Street is also a vacant lot. Properties to the north and northwest of 322 S. Elm Street are a mixture of residential and commercial.

Within the space being leased to Crossfit PAF, exists approximately 800 sq of finished office space. This SUP request is to operate my therapeutic massage business in two rooms (approx. 240 square feet) of the finished office space being leased to Crossfit PAF with access provided to a restroom. One room is a treatment room measuring approx. 144 sq. feet which has the necessary supplies and equipment pertinent to therapeutic massage, (for example electric massage table, seating and storage for linens etc.). The second room measuring approx. 96 sq feet is set up as an office to conduct client intake and payment as well as storage of client records.

The finished office space is accessible through a main entrance (glass door in the front of the building) separate from the Crossfit PAF entrance. There is also access to the finished office space through 2 different door entrances within the gym space.

See attached diagram and photos.





RECEIVED

MAR 16 2018

City of Keller
Community Development

East View



RECEIVED

MAR 16 2018

City of Keller
Community Development

NORTH VIEW



RECEIVED

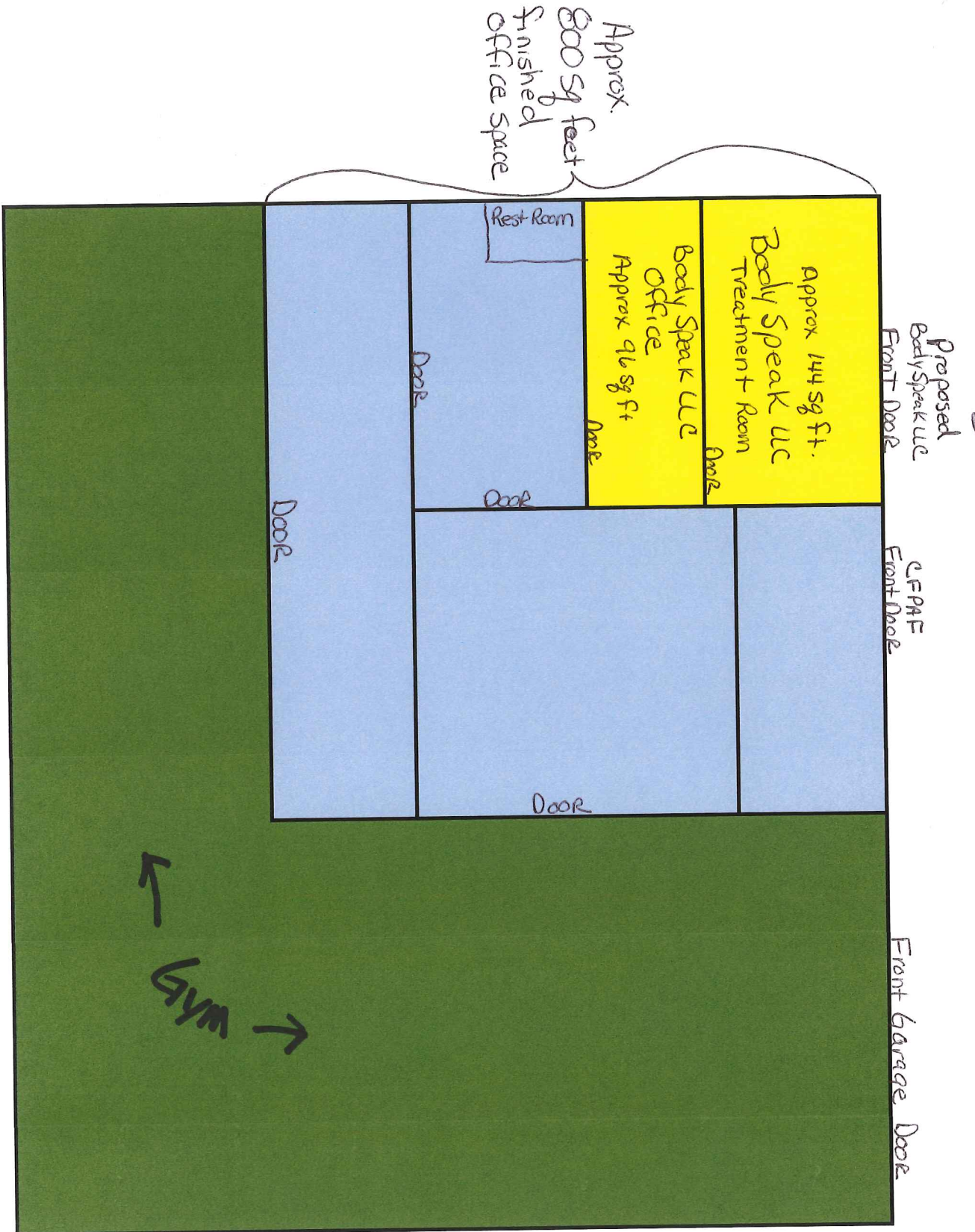
MAR 16 2018

City of Keller
Community Development

South View



— S. Elm Street —



RECEIVED
MAR 16 2018
City of Keller
Community Development

**SUP REQUEST FOR
LINDA DEATON-GILBERT / BODY SPEAK LLC THERAPEUTIC MASSAGE
at 322 S. Elm Street, Old Town Keller**

ABOUT LINDA DEATON-GILBERT, LMT

Due to a job change for my husband Michel, our family relocated from Iowa to Keller and purchased a home in Hidden Lakes July 26th in 2003 (where we continue to reside). We have 3 adult sons. Our youngest son attended Keller ISD and graduated from Keller High School in 2013 and will be graduating from OU this spring with a Masters in Accounting degree and will be returning to Texas to work for Ernst and Young in Dallas. Our second son, a graduate of UNT works for a healthcare business in Dallas and is pursuing a career in medicine. Our oldest son a graduate of the University of Nebraska, is a professional equity singer/actor and is also the affiliate owner and coach of Crossfit PAF in Keller. As 15 year residents of Keller we have grown to love and care deeply for our city and take great pride living in Keller, a city that is nationally recognized for its schools, parks & trails, and supports health, fitness, and families.

In 2010 I decided to attend massage therapy school because I personally experienced healing results using complementary healthcare for my own pain issues. In 2011 I graduated Valedictorian of my class from Parker University College of Massage Therapy in Dallas Texas. After successfully completing the State of Texas licensing exam that same year, I established my company Body Speak LLC, Therapeutic Massage. As a Texas Licensed Massage Therapist (license number MT113388), I have been in active and good standing since the issuance of my license in 2011.



Parker University

School of Massage Therapy

We At Proun That

Finda Jo Deaton-Bilbert

Having satisfactorily completed the Course of Study as prescribed by this College
and in accordance with Authority granted by the Texas Higher Education
Coordinating Board is awarded the certificate for

Massage Therapy

Malheurian

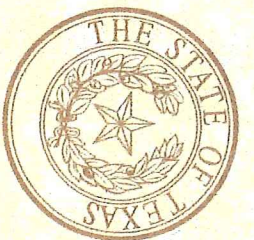
With Honors

In Witness Whereof, our signatures are hereto affixed this Twelfth Day of May, A.D. 2011

Paul M. Jones
President



R. David Giffie, D.C.
Program Coordinator



Texas Department of State Health Services

DOES HEREBY CERTIFY THAT

Linda J Beaton-Bilbert

meets the qualifications established in Texas Occupations Code, Chapter 455 to practice the profession of massage therapy and is authorized to employ the title

Licensed Massage Therapist

in the State of Texas, so long as this certificate is not revoked or suspended and is renewed according to applicable law and rules.

License Number MT113388

Effective 6/30/2011

INVALID WITHOUT CURRENT RENEWAL
CARD

A handwritten signature in blue ink, appearing to read "David Lahey MD".

David L. Lahey, M.D. Commissioner of
Health



Texas Department of State Health Services

certifies that the person identified below is a

Licensed Massage Therapist
Linda J Deaton-Gilbert

License Number MT113388
Control Number 165879

Expires 3/31/2019

Linda J Deaton-Gilbert
Cardholder Signature

John W. [Signature]
Commissioner



Certificate of Completion

In recognition of having successfully completed
the online exam/course:

**Massage Therapy Licensing Program
- Jurisprudence Exam for License
Holder (fy 2011)**

Completion Date:
June 11 2011

Linda Deaton-Gilbert

Certificate ID: 45A67F6B-E99F-61C5-FCDA-75A098C859CF

**SUP REQUEST FOR
LINDA DEATON-GILBERT / BODY SPEAK LLC THERAPEUTIC MASSAGE
at 322 S. Elm Street, Old Town Keller**

ABOUT BODY SPEAK LLC THERAPEUTIC MASSAGE:

Body Speak LLC, Therapeutic Massage DOES NOT provide Spa services. Body Speak LLC, provides therapeutic massage a health care service as defined by The Department of Licensing and Regulation:

Sec. 455.002. Massage Therapy as Health Care Service

- (a) Massage therapy constitutes a health care service if the massage therapy is for therapeutic purposes. Massage therapy does not constitute the practice of chiropractic.
- (b) in this chapter, therapy or therapeutic procedures do not include:
1. the diagnosis or treatment of illness or disease; or
 2. a service or procedure for which a license to practice medicine, chiropractic, physical therapy, or podiatry is required by law

Body Speak LLC offers therapeutic/healthcare massage which specifically differentiates itself from massage offered in a spa or salon setting. Therapeutic massage specializes in pain management, muscle and soft tissue rehabilitation, and symptom relief from injury and chronic disease and conditions. Some of the additional training and certifications I have obtained to increase my level of skill and applicable knowledge in therapeutic massage include:

- Certified yoga instructor with an emphasis in therapeutic yoga
- Crossfit level 1 certification
- Soma Cupping Soft Tissue Techniques
- Massage for fibromyalgia, chronic fatigue, and depression
- Massage for abuse survivors
- Massage for pre-natal care
- Massage for low back pain and headaches

Since 2011 Body Speak LLC has been a certified member of and insured with Associated Bodywork and Massage Professionals (ABMP), the leading massage therapy association in the U.S.

See attached documentation.



*Upon the recommendation of the Faculty,
Divine School of Yoga Therapy
awards this certificate of completion of the 200-hour
therapeutic yoga program to
Linda J. Deaton-Gilbert*

*Who is entitled to all the honors, rights, and privileges pertaining thereto
Given this thirteenth day of April, 2014*

Le Head, E-RYT 500

Neel Madell, Director of Training



CrossFit

FORGING ELITE FITNESS

LEVEL 1
TRAINER
(CF-L1)

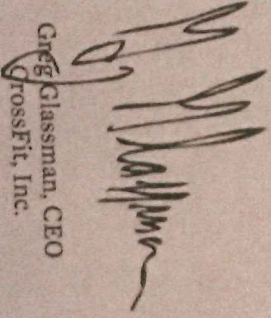
THIS LEVEL 1 TRAINER CERTIFICATE IS AWARDED TO

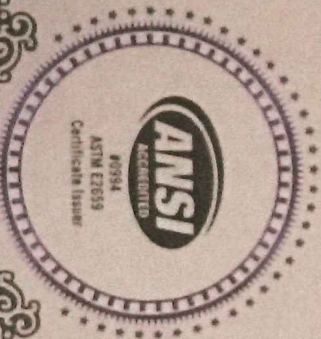
LINDA DEATON-GILBERT

WHO HAS FULFILLED THE REQUIREMENTS AND COMPLETED
THE PRESCRIBED COURSE OF STUDY OF

CROSSFIT'S FOUNDATIONAL MOVEMENTS AND METHODOLOGY.

THIS CERTIFICATE GRANTS THE DISTINCTION OF CROSSFIT LEVEL 1 TRAINER (CF-L1).


Greg Glassman, CEO
CrossFit, Inc.



VALID FOR FIVE YEARS
FROM DATE OF ISSUE

1128450

MAY
14TH
2017

NCBTMB Approved Provider

Gregory Gorey

1197 Poquito ST Austin, TX 78702

This is to certify that

Linda Deaton-Gilbert - MT 113388

*has completed 12 hours of continuing education in
Soma Cupping Upper & Lower Body
On 04/9/17*

76800

Approved Provider Number

07/02/17

Approved Provider Expiration Date



Gregory Gorey

Approved Provider

Parker College of Chiropractic

Continuing Education Department

2500 Walnut Hill Lane – Suite S-205 • Dallas, Texas 75229 • 800-266-4723 • Fax: 214-902-3454

ATTENDANCE VERIFICATION ONLY

Mailing Label: Please PRINT LEGIBLE & use ballpoint pen.

Linda Deaton-Gilbert
811 Placid View Court
Keller, TX 76248

Title: Massage Therapy:
Fibromyalgia, CFS &
Depression CE

Course # 1982-1\11\04DFW

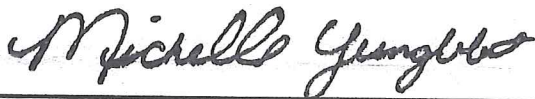
Date: April, 2, 2011

Location: Dallas, Texas

DO NOT WRITE BELOW THIS BOX

| Date | Time Period | Class Hrs. | Course Title | Instructor |
|----------|-----------------|------------|--|---------------------|
| 04/02/11 | 8:00am – 3:00pm | 6.0 | Massage Therapy: Fibromyalgia, CFS & Depression CE | Rick Robinette, LMT |

TOTAL HOURS ATTENDED: 6.0



Michelle Yungblut
Senior Director Professional Studies and Continuing Education

IMPORTANT: PLEASE KEEP THIS VOUCHER IN A SECURE PLACE. ANY REPLACEMENT, COPY OR FAX WILL INCUR A FEE OF \$25 PER VOUCHER.

PLEASE VERIFY UPON RECEIPT. INQUIRIES REGARDING ANY DISCREPANCIES WILL ONLY BE ACCEPTED UP TO 6 MONTHS AFTER THE CLOSE OF EACH MODULE.

Massage for Abuse Survivors

This is to certify that

Linda J Deaton-Gilbert

has successfully completed 6 hours of advanced training in massage therapy



Presenter-

Alexis Steele

August 27, 2011



Presenter-

Rick Robinette

CE Provider #0449

Parker College of Chiropractic

Continuing Education Department

2500 Walnut Hill Lane – Suite S-205 • Dallas, Texas 75229 • 800-266-4723 • Fax: 214-902-3454

ATTENDANCE VERIFICATION

**LINDA DEATON-GILBERT
811 PLACID VIEW COURT
KELLER, TX 76248**

Title: **Massage Therapy:
Prenatal – 2011**

Course # **1988-1/11/04DFW**

Date: **April 10, 2011**

Location: **Dallas, Texas**

DO NOT WRITE BELOW THIS BOX

| Date (Sunday) | Time Period | Class Hrs. | Course Title | Instructor |
|------------------|-----------------|---------------|---------------------------|-------------------|
| 04/10/11 | 8:00am – 3:00pm | 6.0 | Massage Therapy: Prenatal | Kathy Gilkey, LMT |

TOTAL HOURS ATTENDED: 6.0



Michelle Yungblut
Senior Director Professional Studies and Continuing Education

IMPORTANT: PLEASE KEEP THIS VOUCHER IN A SECURE PLACE. ANY REPLACEMENT, COPY OR FAX WILL INCUR A FEE OF \$25 PER VOUCHER.

PLEASE VERIFY UPON RECEIPT. INQUIRIES REGARDING ANY DISCREPANCIES WILL ONLY BE ACCEPTED UP TO 6 MONTHS AFTER THE CLOSE OF EACH MODULE.

Certificate of Completion

THIS IS TO CERTIFY THAT:

Linda Deaton-Gilbert

811 Placid View Court

Keller, TX 76248 515-321-5687

Texas Massage Therapy License #MT113388

HAS TAKEN THE 6 CREDITS REQUIRED FOR THIS
ONLINE CONTINUING EDUCATION CLASS:

HEADACHES: BREAKING THE CYCLE OF PAIN

CONTINUING EDUCATION CREDIT HOURS: 6 CE CREDITS

DATE OF COURSE COMPLETION: 2-16-2017

COURSE INSTRUCTOR:

Melissa M. Wood, ND, MTI, LMT
(210) 593-8341

10004 Wurzbach, #343
San Antonio, TX 78230
www.MelissaWood.com

www.TexasMassageCEU.com

TX CEU Provider #CE1384 - TX Massage Therapy Instructor #2424

Melissa M. Wood



Certificate of Completion

THIS IS TO CERTIFY THAT:

Linda Deaton-Gilbert

811 Placid View Court

Keller, TX 76248 515-321-5687

Texas Massage Therapy License #MT113388

HAS TAKEN THE 6 CREDITS REQUIRED FOR THIS
ONLINE CONTINUING EDUCATION CLASS:

LOW BACK PAIN: WHAT IS IT AND HOW TO HELP IT
CONTINUING EDUCATION CREDIT HOURS: 6 CE CREDITS

DATE OF COURSE COMPLETION: 2-6-2017

COURSE INSTRUCTOR:

Melissa M. Wood, ND, MTL, LMT
(210) 593-8341

10004 Wurzbach, #343
San Antonio, TX 78230
www.MelissaWood.com

www.TexasMassageCEU.com



amta
american massage therapy association
professional member



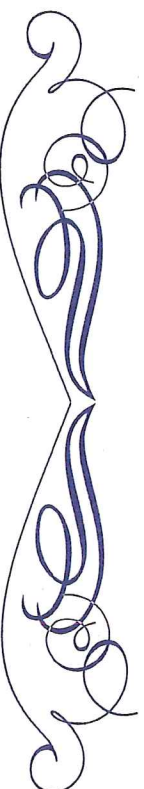
TX CEU Provider #CE1384 - TX Massage Therapy Instructor #2424 - NCBTMB Approved Provider #706546/28



This certifies that

Linda Deaton-Gilbert

ABMP CERTIFIED MASSAGE THERAPIST



is a Certified member in good standing of Associated Bodywork & Massage Professionals.

Certified members have attained ABMP's most stringent membership requirements, including a commitment to lifelong learning through a pledge to continuing professional education. They are required to maintain the highest standards of professional conduct and strictly adhere to the ABMP Code of Ethics.

Member ID No.: 986424

Loyal Member Since: September 17, 2010

Expiration Date: January 31, 2019

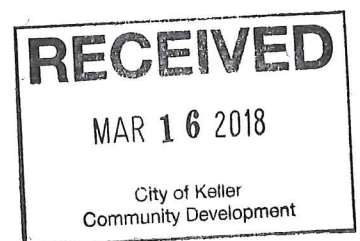
Les Sweeney, BCTMB, President

**SUP REQUEST FOR
LINDA DEATON-GILBERT / BODY SPEAK LLC THERAPEUTIC MASSAGE
at 322 S. Elm Street, Old Town Keller**

CLIENT BASE, PRACTICES & PROCEDURES

Body Speak LLC's primary client base and focus is to provide therapeutic massage to the athlete membership of Crossfit PAF. Additional clients are referrals from nearby healthcare providers (Chiropractic, Acupuncture and Medical practitioners), and those seeking the healthcare option of therapeutic massage. Having an on-site therapeutic massage therapist within the Crossfit/aerobic facility is a business model currently used by other types of gyms or aerobic facilities, as well as other healthcare professionals in the area.

- I am a solo practitioner with one treatment room and have no employees.
- By design I limit the number of clients I see each day to 3.
- All massage sessions are by appointment only, I do not allow walk in business.
- The average therapeutic massage session is 60 to 90 minutes.
- My business hours are 8:00 a.m. to 6:00 p.m. Monday thru Friday, 8:00 a.m. to noon on Saturday. I am typically closed on Sunday however may see a client if they have scheduling conflicts during my other regularly scheduled hours.



**SUP REQUEST FOR
LINDA DEATON-GILBERT / BODY SPEAK LLC THERAPEUTIC MASSAGE
at 322 S. Elm Street, Old Town Keller**

AREA COMPATIBILITY:

322 S. Elm street in Old Town Keller currently has both residential and commercial properties. Body Speak LLC Therapeutic Massage is requesting an SUP to conduct business within an existing commercial property that is already finished out, there is no need or desire to change or modify the existing and established structure. Body Speak LLC Therapeutic Massage is a quality driven healthcare service provider that I believe fits in harmoniously with it's surrounding neighbors which include medical facilities, retail, other healthcare providers and residential neighbors. I believe Body Speak LLC also fits harmoniously with future plans for Old Town Keller; a city that supports health, fitness, families, and quality of life.

I have met with the majority of affected properties within the 300 foot requirement. You will find attached the required "Evidence of communicating this proposal with adjacent neighborhood" document with the necessary signatures.

Thank you for this opportunity to share a bit of information about who I am. As 15 year home owners in Keller my family is not only vested in the continued growth and success of Keller, but we also desire to contribute to the health and quality of life of our community by "Keeping it in Keller" and investing resources as small business owners.

*Linda G. Deaton-Gilbert
Body Speak LLC Therapeutic Massage*

